









# **THURSDAY, MAY 25**

5:00 - 5:30 PM: REGISTRATION

5:30 - 6:00 PM: WARM-UP

6:00 - 6:55 PM: SESSION 1

**Team Rotations** 

7:00 - 7:55 PM: SESSION 2

**Team Rotations** 

8:00 - 8:55 PM: SESSION 3

**Team Rotations** 

9:00 - CLOSING REMARKS & FOOD

# FRIDAY, MAY 26

5:30 - 6:00 PM: WARM-UP

6:00 - 6:55 PM: SESSION 1

**Team Rotations** 

7:00 - 7:55 PM: SESSION 2

**Team Rotations** 

8:00 - 8:55 PM: SESSION 3

**Team Rotations** 

9:00 - CLOSING REMARKS & FOOD



SEQUOYAH HIGH SCHOOL 2017

# EAGLES FOOTBALL TEAM CAMP

Thursday, May 25th Friday, May 26th

Cost: \$30 includes camp T-shirt & meals both days



### **PURPOSE**

This camp is designed to allow high school teams an opportunity to improve the skills, knowledge and team work to make the upcoming season a success. This is an uppershell, full speed, limited contact camp emphasizing skill development in general team settings and game situations.

### **COST**

\$30 per athlete Includes 2 meals & T-Shirt \*Make checks payable to Eagle Football

# **SCHEDULE**

### Thursday, May 25th

5:00 - 5:30 PM	Registration & Sign-in
5:30 - 6:00 PM	Warm-Up
6:00 - 6:55 PM	Session 1 - Team Rotations
7:00 - 7:55 PM	Session 2 - Team Rotations
8:00 - 9:55 PM	Session 3 - Team Rotations

# Friday, May 26th

5:30 - 6:00 PM	Warm-Up
6:00 - 6:55 PM	Session 1 - Team Rotations
7:00 - 7:55 PM	Session 2 - Team Rotations
8:00 - 9:55 PM	Session 3 - Team Rotations

### **LOCATION**

Eagle Stadium Sequoyah High School 16401 S 4180 Rd Claremore, OK

### **WHAT TO BRING**

Helmet & Mouthpiece Shoulder Pads Practice or Game Jersey Padded Girdle Athletic Shorts

Cleats
Copy of Athletic Physical, Proof of
Insurance, & Medical Consent Forms

## **CONTACT INFORMATION**

Matt Hagebusch seqeaglesfootball@gmail.com 918-639-1993

**Brannon Feese** 918-557-5205

### HARD KNOCKS EAGLES TEAM CAMP

Application, Authorization for Par	ticipation and
Liability Release	
I give permission for to participate in the Hard Knocks Eagles release Sequoyah Public Schools, coache and all affiliates and associates from any concerning personal injuryand damgaes property arising, directly or indirectly in child's use of the facilities and equipmer camp site. I also authorize my child's sch camp personnel to act for me according judgement in an emergency requiring m while at camp. I have no knowledge of a impairment that would be affected by the participation in the camp program, as or brochure.	es, administration and all liability to or loss of condition with ment of the specific mool coaches and to best ledical attention any physical me above camper's
Signature of Parent/Guardian	Date
Insurance Provider	Policy#
Camper's Name	Age
High School	
Emergency Contact / Relationship	Phone #

M

XL

XXL

T-Shirt Size (circle)