

FOYIL PUBLIC SCHOOL
HEALTHY & FIT SCHOOL COMMITTEE MEETING
August 19, 2019
Agenda

Meeting 10:30am

Location: Foyil Cafeteria

CALL TO ORDER:

Health Education:

- **Continue the Drug Free curriculum:**
 - Red Ribbon Week (Oct 23rd – Oct 31st)
 - RRW Assembly for 9th- 12th, 7th-8th, and Pre-K-6th grades
 - Partnerships with Ro Co Volunteers for Youth & Ro. Co. Sheriffi's Department.
- **Focus on Hygiene Awareness:**
 - Lice Issues
 - General Student Hygiene
 - Hygiene kits
 - Clothes closet

Health Services:

- **CPR Training for Faculty and Staff & Medical Alerts of Students**
 - CPR, AED, and First Aid Training was Scheduled on August 16, 2019
 - No notification of students with Diabetes
 - 4 teachers with diabetes
 - 72 hour Emergency Plan For Students With Medical Needs

Nutrition:

- Ok State Dept. Standards and Food Choices are being followed by our Cafeteria Staff.

School Health Index:

- School Health Index due this spring of the 2019-2020 School year.

Foyil School Wellness Policy:

- **Updates Required**
 - Look at strength of verbage
 - Well Sat 3.0 evaluation

Paved Section near Football Field:

- Uses-
 - Running Club, Track, Cross Country etc.

Certified Healthy Schools:

- Application for Certified Healthy Schools
- TSET Grants

New Business:

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August 19, 2019
Minutes

Members present: Elaine Valliere, Jenny Bland, Amber Griffin, Denette Adams, Cynthia Cody, Ashley Vandenamee, Jennifer Riddle, Dawn Aschoff, Lance Williams, Angela Nevatt, Brad Jordan, and Jackie Luckinbill

Meeting started at 10:35am in the Foyil Cafeteria.

Health Education:

- The committee discussed continuing the Drug Free curriculum during Red Ribbon Week, October 23, 2019 through October 31, 2019. We will have a Red Ribbon Week assembly for 9th – 12th grades, 7th-8th grades, and Pre-K – 6th grades.
- The committee discussed the importance of continuing partnerships with the Roger County Volunteers for Youth and the Rogers County Sheriff's Department.
- The committee discussed the focus on Hygiene Awareness. Current procedures on lice issues will continue to be followed. We have available hygiene kits in the school offices, Miss Jackie's office, the counselor's office and in Gloria Conaway's office if needed. There are two clothes closets, one on the elementary side, for younger students, and one on the High School side, for the older students. Various clothing items are available if needed.

Health Services:

- The staff whose CPR cards expired August 2019 went to CPR, AED, and First Aid Training on August 16, 2019 at RSU, class taught by Tonya Jordan. All were once again certified.
- The committee discussed that there has been no notification of any students with diabetes to date. We do have 4 teachers with diabetes who have offered assistance if we experience a diabetic emergency with a student or faculty member.
- The committee discussed the 72 Hour Emergency Plan for Students with Medical Needs. This will be used in the event of a prolonged lockdown or prolonged stay at an evacuation site.

Nutrition:

- The committee discussed and received confirmation from Cynthia Cody, Cafeteria Manager, that Oklahoma State Department Standards and Food Choices are being followed by our cafeteria staff.

School Health Index:

- The committee discussed the requirement of Foyil School's "School Health Index" will need to be revised during the spring of the 2019-2020 school year. This aids in serving our students, faculty, and staff in healthier avenues and aids in the application process for grant requests.

Foyil School Wellness Policy:

- The committee discussed possible updates to the Foyil School Wellness Policy. The committee will review the policy and make recommendations for any revisions they feel are necessary. One area to be improved upon is the strength of verbiage used in the document. Jackie Luckinbill performed a Well Sat 3.0 evaluation of our school wellness policy and policies in place regarding school health. We are doing very well in many areas and have some improvement in other. This is something the committee will continue to seek areas and ideas to improve on.

Paved Section near Football Field:

- The Committee discussed the uses of the paved section near the football field. Running Club, Track, Cross Country, and teachers or student use for means of exercising. This is one way of improving school health.

Certified Healthy Schools:

- The committee discussed to once again make application for Certified Healthy Schools Oklahoma. This is another indicator to let us know how we are doing regarding school health. We have received Excellence in all three sites the past two years.
- The committee discussed applying for TSET Grants if they are available this year. A new Elementary Playground is one area of great need of replacing.

New Business:

- The committee agreed that there is no new business to discuss.

The meeting adjourned at 11:00am